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## **INSTRUCTIONS FOR PATIENTS RECEIVING IV CONSCIOUS SEDATION TECHNIQUES**

1. Do not EAT or DRINK anything 8 hours prior to appointment. You should, however, take any medications that your surgeon has directed you to take before your surgery with a ***small sip*** of water. If you are diabetic, please do not take your diabetes medication(s) the night before or the day of surgery.
2. Make arrangements to have someone bring you to your appointment ***and*** drive you home after your appointment.
3. Please wear loose fitting clothing with sleeves, which can be rolled up past the elbow, and low-heeled shoes. Contact lenses (non-extended), jewelry, dentures and nail polish must be removed.
4. Call the office as soon as possible if you develop any of the following “cold” or “flu” symptoms before your appointment: stuffy nose, sore throat, cough, sinus drainage and/or fever.
5. A parent or guardian must sign for and come with anyone who is a minor under 18 years of age.
6. Any patient accepting any appointment for these techniques must specifically agree:
  - a. Not to drive a vehicle or operate any machinery the same day
  - b. Not to undertake any responsible business matters
  - c. Avoid alcohol